MAKIN' IT Happen

November Recovery Ready Communities Collaborative Meeting Minutes

Overdose Prevention Updates

- September
  - Suspected opioid overdoses: 29
- October
  - Suspected opioid overdoses: 37
  - Suspected fatal opioid overdoses: 2
  - Percentage of suspected opioid overdoses that were fatal in 2026: 8%
- Projected to have 31 fatal overdoses for the whole year of 2026. Would be the lowest year of fatal overdoses since starting data collection in 2015.

Guest Speaker – Monique Michon, Waypoint Youth Drop-In Center

- Waypoint's Youth Resource Center is a safe and non-judgmental space for young people who have unstable housing, feel unsafe at home, couch surfing, or are experiencing other forms of homelessness.
- Individuals are not required to do case management or be in recovery to hang out at the Center.
  - There will be a bag check at the door where any personal safety weapons will be held onto until they leave.
  - No substances are allowed in the center, but participants do not need to be in active recovery from substances to engage in services.
- Primarily serving ages 18-24 but can serve ages as young as 12 years old.
- Approximately an 80% success rate to stable housing when individuals leave their care.
- Dedicated and caring staff understand the issues that young people may be facing and are experienced at providing connections to resources and support –

whether that young person just wants a safe place to go for a few hours or help overcoming challenges and rebuilding a life.

- Seeing an increase in violence, methamphetamine use, and cocaine use among youth visiting the Center. Individuals may need to take a “break” from the center when issues arise on the property. However, Waypoint is always there for them when the break has concluded.
- For more information on Waypoint's Youth Drop-In Center, reach out to Michelle: MichonM@WaypointNH.org

Action Plan

- WestBridge Open House
    - WestBridge has an open house on December 3rd from 1pm-4pm at 660 Chestnut Street, Manchester, NH.
    - WestBridge is announcing the expansion of services in their Community Integration Program, which will include adolescents ages 10-17.
    - This will include a meet and greet with the staff that will be providing care.
    - Light refreshments will be provided.
    - RSVP here:
- Upcoming Conferences
    - New Futures Policy & Advocacy Conference
        - Thursday, November 19th from 8am-4pm at the Grappone Conference Center, Concord, NH
    - NH Behavioral Health Summit
        - Monday, December 7 & Tuesday, December 8th from 8am-4:30pm at the DoubleTree by Hilton Manchester Downtown
    - Suicide Prevention Conference
        - Friday, November 13th from 9am-3pm at the Manchester Country Club, Beford, NH

Updates

- Makin' It Happen is partnering with On the Road to Wellness to host *A Night to Remember: Adult Prom Night*. This is a substance-free event to celebrate recovery and make lasting memories with your loved ones, all dressed up!
    - There will be great music, dancing, food, make-your-own mocktail bar, prom photos, raffle items, and a Prom King & Queen contest!
    - This prom will be on Thursday, January 21st, 2027, at the Rex Theatre on 23 Amherst Street, Manchester, NH.
    - In case of snow, the snow date is the following Thursday, January 19th, 2027.
    - We are also looking for sponsors to help make the event successful. Sponsorships range from $75-$600. Reach out to Janelle (jsh@mih4u.org) regarding sponsorships.
    - Buy your prom tickets here

Our next meeting will be on Tuesday, December 8th, 10am-11am, at the Makin' It Happen office in Manchester. *(This is subject to change due to the NH Behavioral Health Summit – please keep an eye on your email for December meeting updates).*

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