



October Youth Wellness and Prevention Collaborative

Meeting Notes

High Fives

1. New Design on Food & Nutrition Services Van! A 3rd-grader at Parker-Varney Elementary was the winner of a District-wide coloring contest. Students across the district were invited to design a colorful wrap and slogan for the Food & Nutrition Services vans that are used to transport food and supplies from a commissary kitchen to schools across the city.
2. Over 80 people joined us for our Under the Radar Symposium! Collaborating to learn more about unregulated intoxicants.
3. In its 10-year history, the Manchester Adverse Childhood Experiences Response Team (ACERT) has responded to more than 8,000 incidents involving children. The multidisciplinary program has connected more than 2,700 children and families affected by domestic violence and other crimes to the care.
4. Waypoint's Teen Services Case manager, Raiden, is collaborating with Manchester School of Technology to bring resources to students during their lunch!
5. The 988 Suicide & Crisis Lifeline has restored the "Press 3" option connecting LGBTQ+ youth to targeted support services, more than a year after the option disappeared from the hotline. LGBTQ high school students report measures of suicidality, including contemplation, planning, attempts, and injury, at higher rates than heterosexual peers.

Updates

- Emma Scott is off to her next adventure. Emma is leaving Makin' It Happen to build upon her work in the Pilates world! We wish Emma the best in this next chapter.
- Jordan will be joining the YW&PC team! Jordan has worked at Makin' It Happen in the Resiliency Essentials focus area, and you may have seen her at a mental health training. She is now joining our efforts in YW+PC and helping to run meetings smoothly. If you want to contact Jordan Havens, you can do so at jjh@mih4u.org
- Updated Member Survey:
 - If you have not done so already, please fill out our updated Member Survey. This will be used for the 2027 strategic planning for YW&PC.

- <https://docs.google.com/forms/d/e/1FAIpQLScYZ3GPs0ChmE8FpG4VOvXha1dGs7cQC0eX0WJhObZ6RVO2GA/viewform?usp=sharing&oid=110151642329709232391>
- Coaster Project
 - The 11,000 coasters are in! We worked in this month's meeting on finding different restaurants in the City of Manchester to distribute our coasters.
- Under The Radar Symposium Summary
 - In case you missed it! Makin' It Happen hosted Under the Radar Symposium on Wednesday 10/7.
 - Laurie Warnock, the keynote speaker gave her perspective of unregulated intoxicants, we had a youth panel with students from Bedford High School, workshops relating to marketing, why people become addicted to these products, and education on current campaigns related to unregulated intoxicants.
 - If you were not able to attend, you can watch the keynote speaker, the youth and adults panels, and the workshops here: [UnregulatedandUndertheRadar Official: Instagram, Facebook, Threads | Linktree](#)

Action Plan

This month we split into two groups to discuss distribution of the coasters, and the other group discussed questions/topics related to strategic planning for 2027.

- Group A (Distribution):
 - We have created a distribution toolkit to streamline to process
 - From discussions we had last month regarding distribution, we created a list of restaurants with members who will be responsible for contracting them. We also created verbiage for contracting the restaurant, verbiage for rack cards, and how we will follow up with restaurants.
- Group B (Action Plan Groups):
 - Discussed ideas for 2027 YW&PC strategic planning

Coming Up

- Our meeting next month will be held at the Mark Stebbins Community Center!
 - 306 Kimball Street, Manchester, NH 03104
- If you haven't yet been added to the Prevention Portal reach out to Emily Tyler at eet@mih4u.org