



October Recovery Ready Communities Collaborative Meeting Minutes

Overdose Prevention Updates

- To be announced

Guest Speaker – Delia Cimpean Hendrick, MD

- Westbridge is a non-profit organization in Manchester in its 25th year of operation.
- They focus on co-occurring severe mental illness and substance use disorders, instead of focusing on just one.
- Westbridge works with the Hearing Voices Network USA and has trained peer specialists that support individuals at Hearing Voices meetings that are provided to WestBridge participants.
- WestBridge attempts to bridge physical and mental health care as much as possible. They do not provide physical health care, however, they work with other providers as much as possible when it is appropriate.
- Three impactful dimensions of care: employment, physical health, and supportive relationships with family/loved ones.
- For more information on WestBridge, reach out to Dr. Hendrick:
DCimpeanHendrick@westbridge.org.

Under the Radar Symposium Recap

- Under the Radar: Unregulated Intoxicants Symposium was a day-long, conference-style event that Makin' It Happen hosted focused on unregulated products (kratom, nitrous oxide, blue lotus, etc.) in the region.
- Approximately 80 attendees across the continuum of care.

- 4 different workshops were offered to participants covering a wide range of topics, including marketing tactics, DHHS's Unlabeled campaign, and more.
- Missed Under the Radar? No problem! We've recorded the workshops for the public to access. Watch our keynote and workshop speakers:
- [On October 20, there will be a Board of Mayor and Alderman meeting discussing a city ordinance on banning the sale of kratom.](#) Stay tuned to keep track of developments.

Action Plan

- Governor's Commission Public Input Survey
 - [Access the survey here.](#)
 - The Governor's Commission is asking for feedback from all NH residents: people with lived experience, community members, service providers, and other partners to help guide NH's new plan to address addiction.
 - Your answers will help them see where services are working, where help is hard to find, and how state funding should be used to best help our communities.
 - We need information from organizations like you that see what is going on in the community every day!
- New Futures Policy & Advocacy Conference
 - A full day dedicated to demystifying New Hampshire's legislative process and building the skills to take action on the issues they care about.
 - This conference is for all advocates, whether you are new or seasoned in this work. Come, meet other partners, and network!
 - New Futures staff will discuss information in the new budget year at this conference.
 - **Register here:** <https://new-futures.org/post/conference26>

Updates

- Save the date...

- Makin' It Happen is making a big announcement on Saturday on our social media!
 - Find us on Instagram: <https://www.instagram.com/makinithappengm/>
- NH Harm Reduction Coalition
 - In September:
 - 364 intranasal Naloxone doses were handed out to participants
 - 148 intramuscular Naloxone doses were handed out to participants
 - 42 overdose reversals reported
 - 455 participants were seen at the syringe services program in Manchester
- Revive Recovery Care
 - Opening its first recovery residence, The Hive! Ribbon cutting is on Friday, October 16th, 12-2pm. Located on 633 Second Street, Manchester, NH right on the corner by the Burger King.
- Recovery Friendly Workplace
 - Hosting a Lunch and Learn on Tuesday, October 20th, from 12pm-12:45pm on Zoom for an informational webinar to learn how to make the most of the new-and-improved RFW website.
 - [Register for the Lunch and Learn here.](#)
 - RFW is always looking for Lunch and Learn topics to offer to businesses throughout the state of NH - reach out to Pam if you have any ideas (pam@recoveryfriendlyworkplace.com).
- East Coast Evolution Leadership and Verve Innovations
 - Creating a training program for anyone who works with the unhoused population, trying to get input from those folks and wanting to hear what training looks like and what barriers there are to training.
 - The survey is open to client-facing staff/volunteers (anyone in direct service who encounters people experiencing/at risk of homelessness) as well as management and leadership at homeless service providers.
 - [Access the survey here.](#)
 - Questions? Reach out to Vik at supportfrontlineworkers@gmail.com.

**Our next meeting will be on Tuesday, November 10th, 10am-11am, at the Makin' It
Happen office in Manchester.**

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