



June Youth Wellness and Prevention Collaborative

Meeting Notes

High Fives

1. Bus Buddy program
 - a. Do you know how to ride the bus in Manchester? Do your clients know? As a train-the-trainer program, we teach staff how to ride the bus, so you can show your clients how to ride too! Learn to buy a bus pass, read the schedule, and plan your route with a hands-on training session and helpful materials. Free to participate, with a free bus pass for the training ride. Contact Liliana Vornehm, Assistant Planner & Bus Buddy Program Coordinator, lvornehm@snhpc.org
2. MSD Music Teachers
 - a. Central High School music teacher Tiffany Redmond has been selected as a recipient of the **Music Will** National Instrument Fund.
 - b. Hillside Middle School orchestra director Molly Goldstein has been named the inaugural recipient of the Young Educator of the Year Award by the New Hampshire Music Educators' Association.
3. Southside Teacher Wins Teacher of the Year Award
 - a. Ms. Doucet was nominated and won the Teacher of the Month award from WZID Manchester!
4. Outstanding Clinician Award
 - a. Congratulations to Dr. Elizabeth Keane of Amoskeag Health on receiving the Bi-State Primary Care Association's Outstanding Clinician Award!
5. High School Graduates
 - a. High Five to all of the Manchester High School Students who graduated this past weekend!

Member Spotlight

- **Jodi Gosselin, Charlie Health**
 - Charlie Health is a virtual Intensive Outpatient Program (IOP) specializing in mental health treatment for teens and young adults.

- As a Clinical Outreach Manager, Jodi connects schools, providers, and community organizations with a higher level of care for youth who need more support than weekly therapy can offer.
- Charlie Health meets young people where they are, online, and on their terms.
- No waitlist – stay lasts 8-to-10-weeks
 - 3 hours group therapy, 1 hour individual therapy, 1 hour family therapy
 - Medicaid accepted, all major commercial insurances, scholarships and waivers available
- Mental Health and Substance use co-occurring program
- Program is working to join Fast Forward, part of state coalitions
- Want more information? Reach out to Jodi Gosselin, jodi.gosselin@charliehealth.com

Updates

- Appreciative Inquiry interviews completed – report coming soon!
- Accepting proposals for MIH's Under the Radar Symposium – 10.7.2026
- Coaster project, funded by Amoskeag
 - Developing coasters for restaurants to use with positive mental health and substance use messaging/resources
 - Annual meeting – poll for availability to be held in September or October, virtually or in person.

Prevention Portal

- YW&PC Linktree: linktr.ee/ManchesterYWPC

Action Plan

- Breakout Groups!
 - Professional Development
 - Community Awareness
 - Resource Gathering
 - Networking

Coming up

- Next month, we begin our Summer YW&PC meetings. Optional opportunities for longer sessions to network and collaborate – planning for 90-minute meetings.

- Our July meeting can be another working session to continue the coaster project!
- If you haven't yet been added to the Prevention Portal, email Emily at eet@mih4u.org to get set up
- My Recovery Gallery – seeking stories, sponsors, and hosts! Please reach out to Janelle at jsh@mih4u.org for more information!