



August Youth Wellness and Prevention Collaborative

Meeting Notes

High Fives

1. The YMCA helped with the coaster project and helped us get over 50 submissions to be considered for the coaster design!
2. Jaedaliz Santos from Manchester School of Technology won the photo essay contest that honored her teacher Michelle McGee and their meaningful relationship.
3. 21st Century middle schoolers got the opportunity to explore nursing careers with Elliot Heath System.
4. Manchester's full-service community schools (Gossler and Beech St School) are connecting students and families with essential resources to remove barriers and create more opportunities for students to succeed.
5. What started as a creative idea during the COVID-19 pandemic has grown into a District-wide therapy dog program supporting students today. Today, beloved therapy dogs bring smiles and comfort to students and staff across the District.

Member Spotlight

- The Ridge – Matt Bohannon
 - Currently in an expansion phase, licensed for 68 beds and expanding to 120 beds in total in about a year. Currently hiring support staff, clinicians, etc.
 - Long history of treating adolescents and adults across the United States.
 - Approximately 55-day length of stay.
 - Usually about 0-3 days to enter.
 - Treat a wide range of disorders – depression, PTSD, anxiety, behavioral issues, etc.
 - Hands-off de-escalation facility
 - Integrate family and group therapy
 - Essentially the “step down” from Hampstead Hospital

Updates

- Manchester True Collaborative is looking for volunteers to help run their programs – they will also be hiring their first staff member this month.

- Coaster Project
 - The winning coaster design was announced!
 - Amoskeag looking deeper into their federal funding stipulations – working with their federal grant officer to ensure that funding can be used for coasters.
 - Hopeful that the money can carry over into the new grant year, even as the actual purchasing and delivery of coasters is delayed.
 - While we wait for those federal funding updates, we will still be action planning to determine the next steps and implementation of the coaster project.

Action Plan

- Community Awareness
 - WHERE: decide where the coasters should be distributed to – rank in order of priority.
 - How should delivery/distribution work?
- Networking
 - WHO: identify who has an existing relationship with each restaurant.
 - Decide which relationships should be activated first.
 - Assign someone to complete each step.
- Resource Gathering
 - WHAT: decide what information/outcomes need to be collected.
 - What should our tracking system be for the coasters?
 - How should we evaluate the success of this campaign?

Coming Up

- Our Annual Highlights Meeting will be next month.
- My Recovery Gallery is soliciting for stories until the end of August and is accepting both English and Spanish stories.
 - [Submit Your Recovery Story](#)
 - [Submit A Story in Memory](#)
 - [Historias de Recuperación](#)
 - [Historias en Memoria de un ser Querido](#)
- Save the Date: Makin' It Happen is hosting the Under the Radar Symposium of October 7th, 9am-3pm at The SNHU Conference Space (75 S Commercial St, Manchester).

- Invite your family and friends to dine at Margaritas in Manchester on Friday, August 21st from 3PM-11PM for a fundraiser benefitting MIH!
- If you haven't yet been added to the Prevention Portal, email Emily at emeeet@mih4u.org to get set up.
- 8/28: UpReach is hosting a Pony Picnic! Reach out to RuthD@upreachtec.org for details.
- 9/8: Mark Stebbins Community Center ribbon cutting
- Teen Institute is hosting Leaders in Prevention in January, February, and March – scholarships are available for youth in the Manchester region. They are also hosting Peer Leadership and Thriving in Middle School programs that also fall under the same scholarship for interested youth.
- Friends of Aine: Registration for grief support groups in fall (starting mid-Sept) is open. Groups are free and do not require a referral.
- Urban Lens Project is hosting a public training on September 26 & 27, 9am-3pm. Please reach out to Scot at UrbanLensProject.NH@gmail.com for details.