



## **February 2025 Community of Care Collaborative Meeting Minutes**

Featured Speaker: Kim Fortin and Katie Burns

Elliot Hospital Center for Recovery Management

Next Month: Matt Bohannon

Kim Fortin

Certified Recovery Support Worker for Center for Recovery Management at Elliot

- Population focus includes being within 90 days of release from incarceration, currently on parole or probation, drug court participants, or at risk of incarceration
- Medications offered at River's Edge Pharmacy include: Vivitrol, Subutex, Suboxone, Sublocade, and Brixadi. Psychiatric medication management as well as prescription patient assistance for uninsured MAT patients.
- Counseling includes individual level therapy, CBT, DBT, as well as other evidence-based practices
- Recovery support includes peer recovery counseling, assistance with housing, getting a license, health insurance, employment etc.
- Medical assessments include comprehensive clinical and psychiatric assessment to establish diagnosis and treatment plan

Moving:

- March 4, 2025
- 300 Hanover Street
- This includes the MOM grant, MAT, Hillsborough County North Drug Court (HCNDC), intensive outpatient program (IOP), and partial hospitalization program (PHP). They are hoping to be a one-stop shop and include walk-ins.
- This will be in walking distance of downtown Manchester right next to the NH unemployment building

#### Numbers from CRM at Elliot:

- In year 1: 53 patients served with 51% referred from drug court, 39% Hillsborough County Department, 4 % community partners, 4% others, 2% emergency department
- In year 2: 91 patients served cumulatively
- Recidivism rate: 9.09%, 28% lower than Hillsborough County Department of Corrections recidivism rate of 32%
- Any questions email Kim Fortin at: [Kimberly.Fortin@elliott-hs.org](mailto:Kimberly.Fortin@elliott-hs.org)
- Going to be able to do contingency management. Give out gift cards for participation and attending meetings to keep people engaged. SAMHSA approved for 75 per year
- They also are able to pay for some prescriptions for folks who may not be able to receive it. They assist in payment for prescriptions and use Rivers Edge pharmacy
- Intake process: Depends on how the patient shows up (referral or walk-in), introduced to the program, create a recovery wellness plan, see clinician for assessment, see the doctor and get a medication plan, and then schedule a follow up
- Phone number for any questions: (603)663-4430
- Link to ask additional questions and referral partners inquiries: FIX THIS

#### Featured initiative:

Jeff Davis

Certified Ear Acupuncture Detoxification Specialist, Manchester Acupuncture Studio

- 5-point protocol
- Developed at Lincoln Hospital in the 1970s to help during the opiate epidemic in the Bronx
- Helpful for all stages of recovery and is offered at various places including: Concord Hospital, Weeks Medical Center, Farnum Center, GateHouse, HOPE for NH Recovery, etc.
- Evidence-based practice that has shown to reduce anxiety, move people from sympathetic to parasympathetic functioning, reduce stress, increase sleep, etc.

- Trained 39 to be Certified Ear Acupuncture Detoxification Specialists
- Training to become a specialist does not involve many qualifications and costs about \$500. There is a training in May (TBD) more information at: [masnh.org/ears](http://masnh.org/ears)
- Holding treatments at HOPE for NH Recovery, Saturday afternoons from 4pm-6pm and treatments typically last 20-45 minutes
- \$20 per treatment limit of 50 treatments per year unless they get a prior authorization
- You can go Saturday to the HOPE Center for free to learn more about it!

#### Pillar Updates:

- February holds eating disorder awareness week from Feb 26 - March 1
- Resources include: Eating disorder screening tool, Reflections Eating Disorder Treatment Center, Project HEAL, eating disorders anonymous, and overeaters anonymous. More information can be found on their websites.

#### Andrew Warner

##### Director of Overdose Prevention

- January was the lowest overdose calls from the past 5 years (18 calls), February is on track to do the same from the past 6 years (6 calls so far)
- Only one fatality
- They have been averaging 75 to 80 people utilizing the Winter Warming station. There have been changes to the policies to make sure they are doing everything they can to keep everyone safe.

#### Irina Owens

##### Director of Homelessness Initiatives

- February 28th is the closing date of the winter warming station, however there is a little flexibility depending on the weather, it can be extended
- The PIT count is done and we are looking forward to those numbers!
- Veterans' initiative and creating a sustainability fund where people can donate money to veterans. This money can be used for the first month's rent, furnishings, security deposit, etc.

#### Other Updates:

Kaitlyn Tuson

Harbor Care is holding a suicide prevention training at 77 Northeastern Boulevard in Nashua, NH there are only 2 spots left!

Anthony Salvucci

- NHCORR is hosting the New England Recovery Residences Conference, Thursday, May 15, 2025

Matt Bohannon

Manchester True Collaborative

- Having their grand opening Thursday, April 3rd at 72 Concord Street, Manchester, NH! Find more information at: <https://manchestertrue.org/grand-opening/>

Kayt Gagneux

Resiliency Essentials Program Director, Makin' It Happen

- Now offering Mandt training that is useful to promote relationship building, de-escalation, communication skills for conflict resolution, etc.
- Talk Saves Lives LGBTQ+: Virtual 3:00 pm Thursday, February 13, 2025
- Youth Mental Health First Aid Training: In-Person 9:00 am-3:30 pm

Reach out to Kayt Gagneux at [khg@mih4u.org](mailto:khg@mih4u.org) regarding any questions or more information!